



COAST SIRENS

Artistic Swimming Club

VOLUNTEER HOURS RECORD SHEET

PLEASE PRINT CLEARLY

Athlete(s) and training group

Parent(s) or guardian(s)

Phone number

Email address

Each family records its own hours. Every entry must be signed by a Coast Sirens Board member at the time the shift is completed. Hours must be worked by a parent or legal guardian of the athlete.

Completed sheets must be handed in by May 16, 2027, the Jean Peters competition.

DATE	VOLUNTEER JOB DESCRIPTION	START	FINISH	HOURS	VERIFIED BY BOARD MEMBER
Nov 8	Example: timing, Jean Peters	1:00 pm	3:00 pm	2	
TOTAL HOURS, THIS SHEET ONLY					Sheet ____ of ____

Do not lose this sheet. There is no other way to confirm your recorded hours. Additional sheets are available from any Board member or through Spond. Each family owes 20 hours per season. The \$200 deposit is returned once all 20 hours are completed and signed off. Families are welcome to keep volunteering past 20 hours, and we are grateful when they do.